

Buddha House

May 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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- Full Moon
- New Moon

Check for updates & download this calendar at www.buddhahouse.org

			1 10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session	2	3 9.30 am Vajrasattva Tsog	4 9 am Guided Meditation 10 am Morning Tea 10.30 am Dharma Club 10.30 am 37 Practises of a Bodhisattva - Geshela 5 pm Protector Practices	
● Precept Day 11.30 am Yoga 6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun	5	6 10 am Mind Healing and Meditation - Ven Jamyang 6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la	7 9.15 am Easy Stretches for Meditators 10 am Guided Meditation 6 pm Chenrezig Practice 7.15 pm Discovering Buddhism Samsara and Nirvana	8 10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session	9	10 9 am - 4 pm WORKSHOP - Samsara and Nirvana 9.30 am Vajrasattva Tsog 7.30 pm Buddha's Café	11 9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela
Precept day 11.30 am Yoga 4 pm Tara Puja 6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun	12	13 10 am Mind Healing and Meditation - Ven Jamyang 6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la	14 9.15 am Easy Stretches for Meditators 10 am Guided Meditation 5.15 pm GURU PUJA 7.15 pm Discovering Buddhism How to develop bodhicitta - 1	15 10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session	16 7.30 pm Wheel of Life (1)	17 8.30 am Bushwalking 9.30 am Vajrasattva Tsog	18 9 am - 4 pm Day of Mindfulness (not at BH) 9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela
○ Precept Day 11.30 am Yoga 4.30 pm MEDICINE BUDDHA PUJA 6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun	19	20 6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la	21 9.15 am Easy Stretches for Meditators 10 am Guided Meditation 6 pm Shakyamuni Buddha Practise 7.15 pm Discovering Buddhism How to develop bodhicitta - 2	22 10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session	23 7.30 pm Wheel of Life (2)	24 9.30 am Vajrasattva Tsog 7.30 pm Buddha's Café	25 9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela
11.30 am Yoga 6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun	26	27 10 am Mind Healing and Meditation - 1 - Ven Jamyang 6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la	28 9.15 am Easy Stretches for Meditators 10 am Guided Meditation 6 pm Tara Practice 7.15 pm Discovering Buddhism How to develop bodhicitta - 3	29 10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session	30 5 pm GURU PUJA 7.30 pm Wheel of Life	31 9.30 am Vajrasattva Tsog 9 am - 4 pm WEEKEND WORKSHOP 'Working with Anger'	

Buddha House

June 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30</p> <p>11.30 am Yoga</p> <p>6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun</p>	<p>○ Full Moon ● New Moon <i>Check for updates & download this calendar at www.buddhahouse.org</i></p>					<p>1</p> <p>9 am - 4 pm WEEKEND WORKSHOP 'Working with Anger' 9 am Guided Meditation 10 am Morning Tea 10.30 am Dharma Club 10.30 am 37 Practises of a Bodhisattva - Geshela 5 pm Protector Practices</p>
<p>2</p> <p>11.30 am Yoga</p> <p>6 pm Learn to Meditate 7.15 pm Opening Our Heart, Seeing Reality - Jampa Gendun</p>	<p>3</p> <p>● Precept Day</p> <p>10 am Mind Healing and Meditation - 2 - Ven Jamyang</p> <p>6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la</p>	<p>4</p> <p>9.15 am Easy Stretches for Meditators 10 am Guided Meditation</p> <p>6 pm Chenrezig Practice 7.15 pm Discovering Buddhism <i>How to develop bodhicitta - 4</i></p>	<p>5</p> <p>10 am Opening Our Heart, Seeing Reality - Jampa Gendun 6 pm BP Study Group 7.15 pm Stages of the Path - Geshe-la 9 pm Review Session</p>	<p>6</p> <p>7.30 pm Wheel of Life (4)</p>	<p>7</p> <p>8.30 am Bushwalking 9.30 am Vajrasattva Tsog 10 am - Noon Introduction to Buddhism - Judy Perkins 7.30 pm Buddha's Café</p>	<p>8</p> <p>9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela</p>
<p>Public Holiday</p> <p>9</p>	<p>10</p> <p>LORD BUDDHA'S CONCEPTION</p> <p>10 am Mind Healing and Meditation - 3 - Ven Jamyang</p> <p>6 pm Learn to Meditate</p>	<p>11</p> <p>Precept Day Tara Puja Day</p> <p>10 am Guided Meditation 6 pm Medicine Buddha Practise</p> <p>HH Dalai Lama's teachings start (Sydney)</p>	<p>12</p>	<p>Guru Puja Day</p> <p>13</p>	<p>14</p> <p>9.30 am Vajrasattva Tsog 10 am - Noon Introduction to Buddhism - Judy Perkins</p>	<p>15</p> <p>9 am Guided Meditation 10 am Morning Tea</p> <p>HH Dalai Lama's teachings finishes</p>
<p>16</p> <p>11.30 am Yoga</p> <p>6 pm Learn to Meditate</p>	<p>17</p> <p>6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la</p> <p>RETREAT with Lama Zopa Rinpoche Begins (Blue Mountains)</p>	<p>18</p> <p>○ Precept Day SAKA DAWA</p> <p>9.15 am Easy Stretches 10 am Guided Meditation</p> <p>6 pm Shakyamuni Buddha Puja Set Up 7.15 pm Shakyamuni Buddha Puja</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>9.30 am Vajrasattva Tsog 10 am - Noon Introduction to Buddhism - Judy Perkins 7.30 pm Buddha's Café</p>	<p>22</p> <p>9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela</p> <p>RETREAT with Lama Zopa Rinpoche Ends</p>
<p>23</p> <p>11.30 am Yoga</p> <p>6 pm Learn to Meditate</p>	<p>24</p> <p>6 pm Learn to Meditate 7.15 pm The Way of the Bodhisattva - Geshe-la</p>	<p>25</p> <p>9.15 am Easy Stretches for Meditators 10 am Guided Meditation</p> <p>6 pm Tara Practice 7.15 pm Discovering Buddhism <i>How to develop bodhicitta - 5</i></p>	<p>26</p> <p>10 am Opening your Heart, Seeing Reality - Jampa Gendun 6.00 pm Introduction to the Basic Program 7.15 pm Studying the Dharma - Geshe-la</p>	<p>27</p> <p>7.30 pm Wheel of Life (5)</p>	<p>28</p> <p>9 am - 4pm Day of Mindfulness (not at BH) 9.30 am Vajrasattva Tsog 10 am - Noon Introduction to Buddhism - Ven Jamyang 6 pm GURU PUJA</p>	<p>29</p> <p>9 am Guided Meditation 10 am Morning Tea 10.30 am 37 Practises of a Bodhisattva - Geshela</p>